

# SEARS-P

## SOCIAL-EMOTIONAL ASSETS AND RESILIENCE SCALE Parent Rating Form, Item Tryout Version 1.0

### PART 1: CHILD AND RATER INFORMATION

Child's Age \_\_\_\_\_ Child's Grade in School \_\_\_\_\_ Child's Sex:  Female  Male

Child's Ethnic Group(s):  White  African American  Hispanic or Latino  Asian  
 Native American  Other \_\_\_\_\_

Does this child receive special education services?  Yes  No If yes, please indicate the type of disability (example: learning disability, autism, and so on) \_\_\_\_\_

Relationship to child of person completing rating form: \_\_\_\_\_

Occupation of child's mother \_\_\_\_\_ Occupation of child's father \_\_\_\_\_

### PART 2: DIRECTIONS

Here are 54 items that describe some positive characteristics of children. Please rate *how true* you think these items have been true for this child *during the past 6 months*. Circle **N** for NEVER true, or if you have not observed that characteristic. Circle **S** for SOMETIMES true. Circle **O** for OFTEN true, and circle **A** if you think the item has been ALWAYS or ALMOST ALWAYS true for this child during the past six months. Please complete all items.

**Remember: NEVER      SOMETIMES      OFTEN      ALWAYS**

1. Likes to do his/her best in school.....	N	S	O	A
2. Feels sorry for other people when bad things happen to them.....	N	S	O	A
3. Knows when people are upset, even when they say nothing.....	N	S	O	A
4. Stays calm when there is a problem or argument.....	N	S	O	A
5. Is good at understanding the point of view of other people.....	N	S	O	A
6. Works on chores and projects independently, without help.....	N	S	O	A
7. Tries to help others when they need help.....	N	S	O	A
8. Other people like to be with her/him.....	N	S	O	A
9. Is comfortable talking to many different people.....	N	S	O	A
10. Makes friends easily.....	N	S	O	A
11. Expresses disagreement with other people without fighting or arguing.....	N	S	O	A
12. Tries to understand how others feel when they are not doing well.....	N	S	O	A
13. Is a good listener.....	N	S	O	A
14. Other kids ask him/her to hang out with them.....	N	S	O	A
15. People think she/he is fun to be with.....	N	S	O	A
16. Is well-liked by other people.....	N	S	O	A
17. Friends come to her/him for help.....	N	S	O	A
18. Likes doing things for other people.....	N	S	O	A

19.	Is good at solving problems.....	N	S	O	A
20.	Is good at starting conversations.....	N	S	O	A
21.	Understands how other people feel.....	N	S	O	A
22.	Makes good decisions.....	N	S	O	A
23.	Feels okay with the way she/he is.....	N	S	O	A
24.	Is good at settling disagreements of other people.....	N	S	O	A
25.	Is comfortable telling other people how he/she feels.....	N	S	O	A
26.	Asks others for help when she/he needs it.....	N	S	O	A
27.	Gives compliments to others.....	N	S	O	A
28.	Understands how people could feel different about the same thing.....	N	S	O	A
29.	Stays in control when he/she gets angry.....	N	S	O	A
30.	Cares what happens to other people.....	N	S	O	A
31.	Thinks before she/he acts.....	N	S	O	A
32.	Is comfortable being in large groups.....	N	S	O	A
33.	Other people see him/her as a leader.....	N	S	O	A
34.	Likes who he/she is.....	N	S	O	A
35.	Is respected by other kids.....	N	S	O	A
36.	Is dependable, someone you can rely on.....	N	S	O	A
37.	Thinks of her/his problems in ways that help.....	N	S	O	A
38.	Accepts responsibility when she/he needs to .....	N	S	O	A
39.	Likes to go to school.....	N	S	O	A
40.	Is good at telling stories and jokes.....	N	S	O	A
41.	Feels good about himself/herself.....	N	S	O	A
42.	Is able to handle problems on her/his own.....	N	S	O	A
43.	Stands up for herself/himself.....	N	S	O	A
44.	Knows how to calm down when stressed or upset.....	N	S	O	A
45.	Knows how to identify and change negative thoughts .....	N	S	O	A
46.	Asks teacher for help when he/she does not understand an assignment.....	N	S	O	A
47.	I trust her/him.....	N	S	O	A
48.	Works well with other kids on group activities or projects.....	N	S	O	A
49.	Can figure out whether or not negative thoughts are realistic.....	N	S	O	A
50.	Feels accepted and comfortable at school.....	N	S	O	A
51.	Can identify errors in the way he/she thinks about things.....	N	S	O	A
52.	Knows how to set goals for what she/he wants in life.....	N	S	O	A
53.	Is able to handle problems that really bother other kids.....	N	S	O	A
54.	When life is hard, doesn't let things get to him/her.....	N	S	O	A

Remember: NEVER      SOMETIMES      OFTEN      ALWAYS